



January 2020

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Important Dates

NAPNAP Bay Area Winter CE Event

Date: February 25th, 2020

-Dr. Jason Nagata, MD, MSc, Assistant Professor of Pediatrics

-"Boys, Bulk, and Bradycardia: Gender Differences in Adolescent and Young Adult Eating Disorders"

Letter from the President

By Allison Anderson

Greetings SF Bay Area NAPNAP Members,

The new year is just around the corner, which means we are all busy caring for our cold and flu patients, scrambling to get all our gifts wrapped and shipped, tired from all the holiday parties, and could use some serious R&R! It should come as no surprise that almost 20% of APRNs experience burnout (Edwards, 2018; Harris, 2018). On top of juggling our high-stress careers we are often taxed by the demands of life outside of work as well. Yet somehow, we have all found time to support one another in this community of APRNs, and for that I am so thankful. I, for one, would like to share my gratitude to you all for your continued support of the Bay Area Chapter of NAPNAP throughout the years. Thank you for coming to our Fall Conference and I hope you all can join us for our other exciting events coming up!

Our next CE event will be held in San Francisco on February 25, 2020 and will feature speaker Jason Nagata who will discuss gender differences in adolescent and young adult eating behaviors.

Details and ticket information for this events will be available on our website.

Happy New Year, and may 2020 bring you all health and happiness!

Sincerely,

Allison Anderson, MS, RN, CPNP-PC, SF Bay Area NAPNAP President

Membership Update

By Rumi Yokota

SF Bay Area NAPNAP chapter is currently at 247 members. Benefits to membership include access to local CE and networking events, job postings, and an invite to join us for annual national NAPNAP conferences.

Legislative Report

By Vanessa Puschendorf and Colleen Surmay

Greetings from your 2019-2020 legislative team! We're excited to continue to update you about what's happening in the California legislature!

The CA state legislature is in recess, and will reconvene on January 6, 2020. Please see below for the most current standings of bills we are tracking.

Treasurer's Report

By Emilie Menard

Total Balance: \$19,271.64

Expanded / Collapsed	Select All <input type="checkbox"/>	Bill	Subject	Status	Delete
Expand	<input type="checkbox"/>	AB-3	Cannabis: Adolescent Cannabis Prevention Fund.	Assembly-In Committee Process-Appropriations	delete
Expand	<input type="checkbox"/>	AB-4	Medi-Cal: eligibility.	Senate-In Committee Process-Health	delete
Expand	<input type="checkbox"/>	AB-131	Electronic smoking devices: manufacturers: advertising.	Assembly-In Committee Process-Governmental Organization	delete
Expand	<input type="checkbox"/>	AB-138	California Community Health Fund.	Assembly-In Committee Process-Revenue and Taxation	delete
Expand	<input type="checkbox"/>	AB-180	Institutional and community corrections: Smart Justice Student Program.	Assembly-In Committee Process-Appropriations	delete
Expand	<input type="checkbox"/>	AB-741	Early and Periodic Screening, Diagnosis, and Treatment Program: trauma screening.	Assembly-In Committee Process-Appropriations	delete
Expand	<input type="checkbox"/>	AB-890	Nurse practitioners: scope of practice: unsupervised practice.	Assembly-In Committee Process-Appropriations	delete
Expand	<input type="checkbox"/>	SB-38	Flavored tobacco products.	Senate-In Floor Process-Inactive	delete

Legislative Report (cont.)

For more information about these bills or other bills of interest, please go to <https://leginfo.legislature.ca.gov/>. We encourage you to create a free account on the website which enables you to setup a favorites account and tracking of bills of importance to your patient population.

As many of you are likely aware, a federal bill to raise the smoking age from 18 to 21 years of age was signed into law on December 20th, 2019. While this was already the law in California, the federal bill will extend these protections for adolescents and young adults across every state in the nation. Please see the American Lung Association's website for further information: <https://www.lung.org/our-initiatives/tobacco/cessation-and-prevention/tobacco-21-laws.html>

As always, your advocacy efforts are essential to creating change for children and families. For more information on how you can get involved please visit the NAPNAP website at www.napnap.org/advocacy-center.

Contact Us!

Questions, ideas or looking for more information?

Contact: webmaster.sfnapnap@gmail.com

Website: www.sfnapnap.org

Facebook: www.facebook.com/sfnapnap

SAVE THE DATE

Winter CE Event

Date: February 25th, 2020

Speaker: Dr. Jason Nagata, MD, MSc, Assistant Professor of Pediatrics at UCSF

Topic: "Boys, Bulk, and Bradycardia: Gender Differences in Adolescent and Young Adult Eating Disorders"

Location: Incredible Health (466 8th Street, San Francisco, CA, 94103)